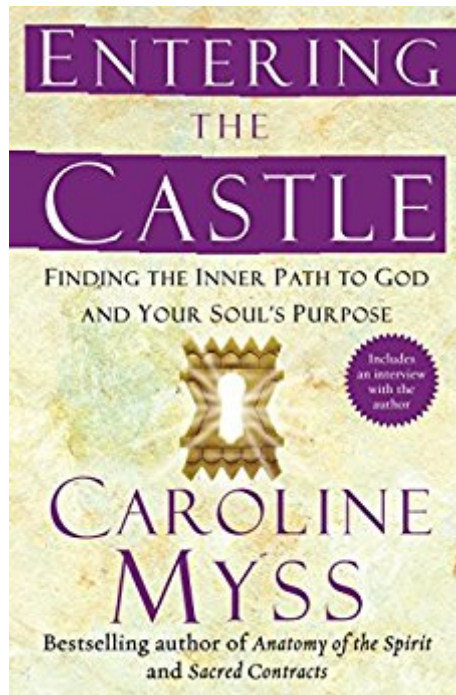




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# **Entering The Castle: An Inner Path To God And Your Soul**



## Synopsis

Internationally renowned motivational teacher, spiritual instructor, and popular theologian Caroline Myss has created a transcendent work of unique insight and revelation in *Entering the Castle*. This exciting new teaching of contemporary mysticism is also a brilliant synthesis of the psychology of consciousness and of Eastern and Western mystical traditions. Myss provides a highly original inner path to self-knowledge -- which is also the road into a spiritual knowledge of God and your own soul -- as she reveals a necessary external path, one that takes you out into the world to serve God and others as a mystic without a monastery -- without having to retreat into total silence, self-denial, or isolation. As her main template for this extraordinary, modern spiritual journey, Myss uses the beloved, revered writings of *The Interior Castle* by Teresa of Ávila. Adapting Teresa's vision of the soul as a beautiful crystal castle with many floors, or mansions, and many rooms within those mansions, Myss guides us from room to room, helping us meet different aspects of our self, our soul, and our spirit -- preparing us for the ultimate encounter with God and our own divinity. Through intense practices and methods of spiritual inquiry adapted for contemporary life, she helps us to develop our personal powers of prayer, contemplation, and intuition and to ascend the seven levels of soul knowledge that build an ever stronger interior castle of our own -- a soul of strength and stamina. As in all her books, Myss also recounts stories of profoundly moving real-life experiences -- of her own, as well as of her students and of renowned spiritual figures -- that bring home the universal truth of her insights. Presiding over the entire book and journey are the great mystics, ancient and contemporary, of Christianity, Judaism, Islam, and Hinduism with their inspiring lives and discerning spirits. And over all, the benevolence, truth, and gentle and tough love of Teresa of Ávila shine through. Doubtless Myss's most deeply personal, revealing, compassionate, and transforming book yet, *Entering the Castle* is a comprehensive guidebook for the journey of your life -- a journey into the center of your soul. There, peace, God, and a fearless bliss wait for you to discover them...and claim them for your own.

## Book Information

File Size: 2692 KB

Print Length: 404 pages

Publisher: Atria Books; Reprint edition (March 6, 2007)

Publication Date: March 6, 2007

Sold by:Â Digital Services LLC

Language: English

ASIN: B000NY12X2

Text-to-Speech: Not enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #128,909 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #70

inÂ Kindle Store > Kindle eBooks > Religion & Spirituality > Other Religions, Practices & Sacred

Texts > Mysticism #120 inÂ Books > Christian Books & Bibles > Theology > Mysticism #209

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## Customer Reviews

I gave *Entering the Castle*, by Caroline Myss, five stars because of what I have gotten out of it. For a little more than the last year, I have been studying *A Course In Miracles* (ACIM) which is quite challenging by itself. However, I see *Entering the Castle* as another vehicle for uncovering layers of my past "stuff" in a perhaps easier way. Her descriptions of reptiles and drawbridges and the castle help to make the process of lightening burdens of the soul interesting and inviting which is no easy task. She bases her writing on ideas that came from St Theresa of Avila, which is intriguing. With each writing exercise, I have been pleasantly surprised at new discoveries about myself, even after years and years of writing and praying. I highly recommend this book to anyone willing and courageous enough to dig deep into the bowels of his or her castle to reap great rewards.

This book is one of my personal favorites in consciousness expansion and spiritual/personal evolution. I have both the book and the cds, and I especially love the cds, as Caroline leads you through meditations based on Teresa of Ávila's work. I've had amazing shifts in consciousness as a result....but, not just from reading the book. You have to do the work of "entering the castle" consistently. But, if you are willing to make the effort, the depth of the awakening process and personal exploration that this system can open you to can be quite profound.

Once again, Caroline Myss has given us a better understanding of the inner life by "*Entering the Castle*" of her soul and sharing her findings with us. As we enter the seven mansions of our soul, Caroline and Teresa of Avila (who centuries ago first led us through the "Inner Castle"), Interior

Castle: The Classic Text With a Spiritual Commentary (Classics With Commentary)Â we realize that we must shut down the mind, our ego. A quote from Caroline paves the way: "The mind is simply not strong enough to make the journey. Get your mind out of the soul's way. The mind is so busy with daily living that it will never leave us alone, so we must make the effort to push it aside and just "be" who we are, not what we think we are. By letting go of our ego/mind we can find the path to peace, tranquility and a better understanding of our being. Our being, who we are inside, our soul will lead us to the right path and the right decisions we need to make on our journey. It leads us to better judgement of our situations, better understanding of ourselves and others and more accepting of ourselves which leads to more accepting of one another. Other books for your consideration: Life of the Beloved: Spiritual Living in a Secular World by Henri J Nouwen The Grand Option: Personal Transformation and a New Creation (GETHSEMANI STUDIES P)[ by Beatrice Bruteau Passion for Creation: The Earth-honoring Spirituality of Meister Eckhart by Matthew Fox

my #1 spiritual guide!

LOVE this book, but then I also love Carolyn Myss!!! I bought 2 (1 for me and the other for a gift) Both these books were at one time library books and came covered in the typical plastic/cellophane covering. Which to me, is an added bonus to keep the book cover in good condition. No writing or highlighting in either of the books, which is always nice too!

not the book for me

I enjoyed the book, often the explanations prior to entering of the rooms in each castle went on and on. The experiencing of connecting and reconnecting with your soul's purpose, is worth the wordy explanations. I bought this book used. They said it was in good condition, and it was, except the previous owner wrote and marked up every other page. A little distracting to say the least.

What a wonderful book that I will use for the rest of my time here on earth. There are so many insights in this book. I can be still because I know God is with me. And the Kingdom of God is here, it is within us.

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